



# FEBRUARY 2024

## Leicester Integrated Pre-School Lunch Menu

Available Daily: Bagel Meal W/ Whole Grain Bagel & a 4oz. Yogurt; includes the Fruits & Vegetables available with that days' meal. White 1% milk is available FREE when ordering a meal or \$.60 when just Purchasing milk.

### Monday

Popcorn Chicken **5**  
Corn  
Potato Smiles  
100% Fruit Juice  
Low Fat Milk

Chicken Patty **12**  
On a Whole Grain Bun  
Lettuce & Tomato, Fries  
Three Bean Salad  
Assorted Fresh Fruit  
Low Fat Milk

**February** **19**  
**Vacation**

**No School**

Creamy Macaroni **26**  
& Cheese W/ WG Roll  
Roasted Broccoli  
Pear Cup  
Low Fat Milk

### Tuesday

Pizza **6**  
Fresh Garden Salad  
Apple Slices  
Low Fat Milk

Taco Tuesday! **13**  
Ground Beef W/  
Baked Tostado Scoops  
Lettuce, Tomato, Cheese  
Corn, Apple Sauce  
Low Fat Milk

**February** **20**  
**Vacation**

**No School**

Grilled Cheese **27**  
On Whole Grain Bread  
Tomato Soup  
Orange Smiles  
Low Fat Milk

### Wednesday

Grilled Cheese **7**  
On Whole Grain Bread  
Steamed Carrots  
Strawberry Cup  
Low Fat Milk

Egg & Cheese **14**  
Sandwich  
Tater Tots, Carrot Sticks  
Fruit Cup  
Low Fat Milk

**February** **21**  
**Vacation**

**No School**

Chicken patty **28**  
On a Whole Grain Bun  
Lettuce & Tomato,  
Baked Beans, Carrot Salad  
Fresh Fruit  
Low Fat Milk

### Thursday

Hamburger **1**  
On a Whole Grain Bun  
Smile Fries  
Apple Sauce Cup  
Low Fat Milk

Chicken Nuggets **8**  
W/ Sweet & Sour Sauce  
Rice, Steamed Broccoli  
Mandarin Orange Cup  
Low Fat Milk

Meatballs in Sauce **15**  
Whole Grain Roll  
Garden Salad  
Peach Cup  
Low Fat Milk

**February** **22**  
**Vacation**

**No School**

Turkey & Cheese Rollup **29**  
On Whole Grain Wrap  
Mixed Vegetables  
Pineapple Chunks  
Low Fat Milk

### Friday

Pizza Bites **2**  
W/ Sauce  
Garden Salad  
Mixed Fruit Cup  
Low Fat Milk

Chicken Tenders **9**  
Garden Salad  
Mixed Fruit Cup  
Low Fat Milk

Pizza **16**  
Red & Green Pepper  
Strips W/ Dip  
Apple Slices  
Low Fat Milk

**February** **23**  
**Vacation**

**No School**



Choose AT LEAST 3 out of 5 meal components to be considered a complete meal. A Fruit or Vegetable are MANDATORY with a meal.

The 5 components to choose from are: Meat/Meat Alternate, Grain, Milk, Fruit, & Vegetable

**Great News! As Participants in the Community Eligibility Provision All Pre K Students receive Breakfast & Lunch for FREE!**